

## Driver Health Policy

The John Readings Group recognises and promotes the importance of driver health in ensuring an efficient workplace as well as its direct effect in the prevention of accidents, injuries and fatigue on the road. John Readings is committed to quality, safety and productivity in the manner in which we go about our daily tasks and provide services to our customers. We shall endeavour to support and maintain driver health by doing the following:

- Providing and maintaining vehicles which meet or exceed industry standards,
- Coordinating a driver health screening and counselling program,
- Providing appropriate training, instruction and supervision, dissemination of information and necessary resources to support driver health,
- Establishing and maintaining initiatives in:
  - Driver health,
  - Health promotion,
  - Driver support.

At John Readings, we recognise that healthy driving should be a way of life in the transport industry and we shall endorse this, as one of greatest assets is our employees.